

SECTION 1A – EVALUATION OF IMPACT/LEARNING TO DATE

Name of school: Parkside Primary School

Academic Year: 2025/2026

In previous years, have you completed a self-review of PE, physical activity and school sport?	Yes
Have you completed a PE, physical activity and sport action plan/ plan for the Primary PE and Sport Premium spend?	Yes
Is PE, physical activity and sport, reflective of your school development plan?	Yes
Are your PE and sport premium spend and priorities included on your school website?	Yes

SECTION 1B – SWIMMING AND WATER SAFETY (self-rescue focus)

Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools must provide swimming instruction either in key stage 1 or key stage 2.

The [programme of study for PE](#) sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- Perform safe self-rescue in different water-based situations.

Swimming and Water Safety	Figures will be added in the Summer term 2026.
• What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	85%
• What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	85%
• What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	85%
• Schools can choose to use the primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

SECTION 2 – REFLECTION: WHAT HAVE WE ACHIEVED AND WHERE NEXT 2023/2024

Key priorities to date:	Key achievements/What worked well:	Key Learning/What will change next year:
Ensuring all children have regular and high-quality P.E lessons with a range of sporting activities.	Teachers across the school have continued to develop their expertise in a range of different sports. Specialist staff has continued to deliver and support staff to teach relevant skills and develop experience in the subject. Daily activities and whole school challenges also engaged and motivated children.	Staff will continue to develop their expertise in all areas of the P.E curriculum and understand the responsibility they have to educate children regarding their physical health. New members of staff appointed will be supported by specialist staff and be able to deliver quality provision in specialist areas.
Improve the rate of progress for all children within sport by embedding 'concepts' into the planning and delivery of P.E.	The PE curriculum has continued to develop at Parkside. A strong PE offer is available for all children with concepts embedded in all sports.	Continual development of the school curriculum working closely with school staff to discuss and share ideas.
Improve the desire for children to be fitter and healthier due to obesity increase and to instil a passion for physical activity.	Opportunities for sport, PE and competition have improved over the year. Children have shown a desire to become fitter and healthier through active play, healthy eating campaigns and more.	This needs to be continued to tackle the obesity statistics that are supplied to the school. More work on play times and opportunities.

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Improve the pupils love of different sports	The school has continued to promote different sports to children within the school setting through P.E lessons. With the current situation that we are living in, inviting clubs and outside agencies into school has been difficult because of the restrictions that have been in place. Towards the end of the year, we were able to get children outside of school to experience different activities such as climbing and skiing. This was amazing for the children and will look to be continued.	We will continue to push to provide the children with as many opportunities as possible to promote that love of different sports, whether in or outside of school.
Improve the pupils understanding of continuing sports and exercise outside of the classroom (breaks and lunchtimes)	As a school we managed to promote the use of sports in and out of the classroom. The offer for children at play times has improved and promoted this target.	We aim to get as many children involved into competitive sports both internal and external. Also, daily and weekly challenges within school need to continue.
For pupils to understand that good physical health contributes to good mental wellbeing	Supporting the children with their self-esteem and emotional wellbeing is of great importance at this current time. Staff and children are aware and are using the curriculum offer to support the children with this.	Promoting this resource needs to be continued and embedded into timetables (30 minutes sessions weekly) so that we are making the most of the resources and promoting a good physical and mental wellbeing.
To have good quality equipment for pupils/staff to use in lessons.	Regular checks of PE equipment were completed throughout the year to make sure that supplies are suitable for the sports delivered. Damaged equipment has been removed and replaced whenever necessary to allow teachers to teach a lesson to its full potential. Also, lunch time boxes have been created to allow children to have access to equipment available at all times. These have been a success with the children using this equipment whenever possible, developing physical fitness, skills and controlling behaviour.	Lunch time boxes need to be maintained and continually refreshed whenever needed. Regular audit of equipment needs to be completed to check equipment allowing for maximum effective delivery of P.E lessons.
To ensure all pupils in KS2 have the opportunity to go swimming for a half term.	Children across year 6 and 5 all had the opportunity to go swimming at the local swimming baths. This allowed us to report on the swimming data and prepare children for their assessments next year.	Swimming will continue to be offered to children to experience the program for at least a half term period.

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		Assessment of children during this process will continue to fall in line with guidelines and expectations.
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SECTION 3 – PLANNING FOR 2025/2026

Academic Year: 2025/2026		Total fund budgeted: £18,900						
A	B	C	D	E	F	G	H	
PE and Sport Premium Key Outcome Indicator	School Focus/ planned <u>Impact</u> on <i>pupils</i>	How we will achieve this	Planned Funding Estimate ons	Actual Funding	Evidence	Actual Impact (following Review) on <i>pupils</i>	Actual Impact (following review) on staff	Sustainability/ Next Steps
<i>Quality of teaching for all</i> Improve the rate of progress for all children within sport	CPD opportunities for all teaching and support staff.	Keri Lees, an experienced coach from Stafford Sports, will work closely with staff to model high-quality PE sessions for all pupils. Through this support, class teachers will develop their knowledge and skills in areas such as multi-sports, gymnastics, net games, and athletics. Teachers will follow a six-week CPD programme designed to strengthen their PE teaching: Weeks 1-2: Teachers observe Keri and complete an observation form. Weeks 3-4: Teachers team-teach with Keri, practising new skills alongside a specialist coach.	£3,500			Children commented on how much they enjoyed having the opportunity to work with Keri. The lessons delivered were high quality and the children were engaged and all were involved.	Staff praised the support and guidance that they received from Keri. They mentioned about how much they valued working with her and how their confidence has grown in delivering high-quality PE lessons in the future.	Continue this in the future, if possible, dependent on funding and availability.

Proud to be Parkside
Parkside Primary School PE and Sport Premium Funding Report 2025/2026

		Weeks 5-6: Teachers lead the sessions while Keri observes and provides feedback and support. This programme focuses on building lasting staff expertise so that, even without sports funding, the school can continue delivering consistently high-quality PE lessons. At the end of the six weeks, teachers will submit their CPD observation forms and meet with the PE lead to discuss progress and next steps.						
Quality of teaching for all Improve the rate of progress for all children within sport	CPD opportunities for class teachers in dance.	Beth McGill, a professional dance teacher, will continue working with pupils to develop their dance skills and will also run after-school clubs and support the school in preparing performances for competitions. Beth will additionally provide CPD for staff to ensure that, should funding be withdrawn, teachers are confident and capable of delivering high-quality dance lessons independently. Teachers will follow a six-week CPD programme: Weeks 1-2: Teachers observe Beth and complete an observation form. Weeks 3-4: Teachers team-teach with Beth, practising new techniques alongside a specialist.	£3600			Children commented on how much they enjoyed having the opportunity to work with Beth. The lessons delivered were high quality and the children were engaged and all were involved. Beth brought lots of energy and enthusiasm to dance which	Staff praised the support and guidance that they received from Beth. They mentioned about how much they valued working with her and how their confidence has grown in delivering high-quality PE lessons in the future. Dance is an area that staff have mentioned they needed more support with, and Beth has done this immensely.	Continue this in the future, if possible, dependent on funding and availability.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

		Weeks 5-6: Teachers lead sessions while Beth observes and provides feedback before the programme concludes. This CPD focus strengthens long-term staff expertise so PE and dance can be taught to a high standard regardless of funding. At the end of the six-week block, teachers will submit their CPD forms and meet with the PE lead to discuss progress and next steps.				has only helped to develop the PE culture at our school. Also, Beth has supported and ran several clubs and events.	
<i>Quality of teaching for all</i> Improve the rate of progress for all children within sport	Support scheme to aid curriculum development.	Investment in a PE scheme (GetSet4PE) to allow subject lead to further develop the curriculum offer for all children. This allows for planning support, healthy participation ideas and a potential long term CPD support for staff.	£900			The curriculum has developed well over the last 12 months and this is mainly down to the investment through GETSET4PE. The planning, support and delivery of PE has grown and the impact that this has had on the	Staff has complimented how the planning and support has improved through the use of GETSET4PE. They have found the plans informative which has only benefited the children's learning. Continue to use the GETSET4PE for further support developing the curriculum into cycle 2.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

						children is only positive.	
<i>Improved fitness for pupils</i> Improve the desire for children to be fitter and healthier and to instil a passion for physical activity.	Provide sufficient equipment/challenges for children to exercise in their free time to help improve their overall fitness.	Continue to provide children with a range of equipment that can be easily accessed and promotes physical activity during break time and lunch time. The introduction of lunch time boxes and new relevant equipment will help encourage the children to take part in active activities during social times, and will also provide an opportunity to continue lessons learnt in PE out on the playgrounds/fields.	£800			Regular equipment checks have allowed us to maintain the relevant resources for each lesson, assisting to provide high-quality lessons for all children.	Staff have had access to relevant equipment throughout the year which has supported their delivery of PE Continue to regularly audit equipment to maintain this standard.
<i>Improved fitness for pupils</i> Improve the desire for children to be fitter and healthier and to instil a passion	Statistics have shown there is an increase in obesity rate in children. Pupils have become less active and the need to exercise more throughout the day has become more	Continue the 'Weekly Double' All KS 1 and KS 2 children to take part in activity were the children go out twice a week for fifteen minutes a session. This encourages children to take regular exercise. We instruct staff and children to take their classes outside for an additional 30 minutes of walking/jogging/skipping/running exercise per week	£0			Children have used and engaged with the playground markings to further develop their overall fitness.	Teachers have used this time to support learning through active breaks and encourage children to stay active. Continue to push this in the future, making sure that it becomes a fixed time throughout the day/week.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

for physical activity.	important than ever.	to meet the requirements of two hours physical activity per week.					
<i>Improved fitness for pupils</i> Improve the desire for children to be fitter and healthier and to instil a passion for physical activity.	Statistics have shown there is an increase in obesity rate in children. Pupils have become less active and the need to exercise more throughout the day has become more important than ever.	Food/healthy eating Weekly snack - children have the opportunity to try a new food once a week to promote healthy eating. New fruits and vegetables will be purchased every week to allow children to try new foods. Meal cards - on a Friday at the end of the school day, healthy meal cards will be available for children and adults to take with them to again to promote healthy eating outside of school. A range of activities are planned to focus on healthy eating. Some have been mentioned above and some are still in the planning phase.	£800			Fruit Friday's have been a hit with children regularly attending taking home free fruit. Also, children have been trying a range of uncommon fruits hoping to encourage them to have them as healthy snacks.	More promotion of food cards, potentially targetting PP families and continue to tackle healthy snacks across the whole school.
<i>Improved fitness for pupils</i> Improve the desire for children to be	Statistics have shown there is an increase in obesity rate in children. Pupils have become less active and the need to	Exercise promotion Wake up shake up Members of staff will perform an aerobic/stretching workout for the children on a Friday morning that	£0			Children loved the wake up shake up out on the playground. A great way to start the	Staff engagement was high and staff commented how they enjoyed running these sessions in front of children but also parents which develops their Continue and make it more of a permanent fixture rather than on occasions.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

fitter and healthier and to instil a passion for physical activity.	exercise more throughout the day has become more important than ever.	children and parents are invited to before registration. The purpose of this is to prepare the children for the start of the school day and also to promote how important exercise is for the body.				day with some physical exercise. Attendance was great and children commented on how much they enjoyed taking part.	confidence and PE delivery.
Encourage children to try new sports/experiences Improve the pupils love of sport	Introduce children to alternative sports such as squash, golf and skiing. Children who are motivated to try and succeed in a new sport develop a love for sport. Introduce children to adventurous outdoor activities	Opportunities for new sports that the children don't have regular access to. The plan being to hopefully inspire and motivate children to take up a new sport or activity. Sport focuses Karate	£500			We had several workshops in school – karate and tennis which the children loved. Some children decided to carry on after participation which means it was worth it.	Continue to explore opportunities to bring people into school to provide taster sessions for our children. Continue to look wider at sports that children don't tend to have access to.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

<i>Encourage children to try new sports/experiences</i> Improve the pupils love of sport Support of children who are SEND	Encouraging active participation of target children from SEND register.	We are aiming to use our dance teacher to provide additional time for specific children to attend dance lessons. The aim is to support children who have additional needs by providing them with more opportunity to take part in a smaller group.	£1000				
<i>Encourage children to try new sports/experiences</i> Improve the pupils understanding of competition	Increase the number of opportunities to compete in intra and inter school competitions.	Create a cycle of competitive events both in school and across the trust. These could be face to face or virtual events. Also, this specific budget will be used to access events outside of the school trust (entry fees) etc.	£500			Children have been able to access a range of different events which has helped to develop them in many different ways.	Staff have been able to work with the children in different ways, seeing them outside of school and working with them in a sporting context developing relationships with both children and parents.
<i>Encourage children to try new sports/experiences</i>	Athletes in schools	We are looking to bring inspirational figures into school to allow the children to meet professional sportspeople. The aim is to inspire and motivate them to chase their own dreams and sports goals.	£450 +				Unfortunately, we weren't able to bring an athlete into school this year, however this is something I am keen to try and

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<i>ces/opportunities</i>							achieve next year so will keep as a target
<i>Quality of equipment for lessons</i> To have good quality equipment for pupils/staff to use in lessons.	Performing a regular equipment audit will give members of staff the best equipment to effectively teach PE lessons that have a positive impact on the children.	Regular audits of school PE resources will be carried out to ensure equipment remains suitable for high-quality teaching. Ongoing communication with staff delivering PE will help identify whether resources are current, effective, and meet pupils' needs. These discussions will support informed decisions about replacing or updating equipment to enhance future PE provision.	£1,000			Regular equipment checks have allowed us to maintain the relevant resources for each lesson, assisting to provide high-quality lessons for all children.	Staff have had access to relevant equipment throughout the year which has supported their delivery of PE Continue to regularly audit equipment to maintain this standard.
<i>Celebration of achievements</i>	Promote achievement and success within school.	We aim to use some of the funding to invest in certificates and trophies to reward children for their efforts and achievements within school. Some events to mention are; External events Sports days In house events	£500			Resources were gathered and used to support the following areas - in house events, sports days. The children enjoyed this events and this money	Focus more on medals and trophies perhaps for those who achieve high awards. Continue certificates for everyday sporting achievements.

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Parkside Primary School PE and Sport Premium Funding Report 2025/2026

						only helped to support them	
<i>Swimming</i> To ensure all pupils in KS2 have the opportunity to go swimming for a half term.	Key Stage 2 children will receive swimming lessons on a half term basis (around 6 weeks on average).	Classes will attend swimming lessons at a local pool to develop the skills required by the national curriculum. Pupils will be monitored throughout, with assessments used to track progress. Those who do not meet the expected standards will be offered additional lessons where possible to further support their swimming development.	£5000			Swimming has gone brilliantly well, and we managed to take 6 classes swimming from year 6 down to year 4. Amazing opportunities for the children and helps us access the 25M	Continue to support swimming this way, also aim to reach even more children lower down the school with targeting year 3 and taster sessions for the younger children KS1.

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